

Nursing & Midwifery

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What is Nursing?

- Nursing is a healthcare profession focused on patient care.
- Promotes health, prevents illness, and supports recovery.

What is Midwifery?

- person, typically a woman, who is trained to assist women in childbirth
- Midwifery deals with pregnancy, childbirth, and postpartum care.
- Ensures safe maternal and neonatal health.

Roles of Nurses

- Provide direct patient care.
- Administer medications and treatments.
- Coordinate with healthcare teams.

Roles of Midwives

- Assist childbirth.
- Monitor fetal and maternal health.
- Provide prenatal and postnatal education.
 - ❖ prenatal period is the time from fertilization to birth, during which a fertilized egg develops into a fetus
 - ❖ postnatal period is the time immediately following childbirth, typically considered to be the first six to eight weeks until the mother's body returns to its pre-pregnant state

Nursing Specializations

- Critical Care Nurse
- Pediatric Nurse
- Surgical Nurse
- Community Health Nurse

Midwifery Specializations

- Certified Nurse Midwife
- Community Midwife
- Hospital-based Midwife

Educational Pathway: Nursing

- Diploma in Nursing
- BSc in Nursing
- MSc in Nursing
- PhD in Nursing

Educational Pathway: Midwifery

- Diploma in Midwifery
- BSc in Midwifery
- Advanced Midwifery Certifications

Skills Required (Nursing)

- Compassion and empathy
- Clinical knowledge
- Critical thinking
- Communication skills

Skills Required (Midwifery)

- Decision-making in emergencies
- Maternal health knowledge
- Counseling skills
- Patience and calmness

Work Environment (Nurses)

- Hospitals
- Clinics
- Community health centers
- Rehabilitation facilities

Work Environment (Midwives)

- Hospitals
- Maternity homes
- Community outreach programs

Importance of Nursing

- Essential for quality patient care.
- Supports entire healthcare system.

Importance of Midwifery

- Reduces maternal and infant mortality.
- Supports healthy pregnancies.

Career Growth in Nursing

- Senior nurse roles
- Nurse educator
- Nurse manager
- Nurse researcher

Career Growth in Midwifery

- Lead midwife
- Midwifery educator
- Maternal health consultant

Nursing in Public Health

- Community health services
- Health promotion campaigns

Midwifery in Public Health

- Maternal care programs
- Rural health outreach

Global Demand for Nurses

- High demand worldwide
- More opportunities in developed countries

Global Demand for Midwives

- Need for maternal health professionals globally

Challenges in Nursing

- Workload
- Stress
- Shift duties

Challenges in Midwifery

- Emergency situations
- Long hours
- Emotional demands

Why Choose Nursing?

- Stable career
- Respectful profession
- Opportunity to help others

Why Choose Midwifery?

- Meaningful work
- Direct impact on maternal health

Conclusion

- Both professions are rewarding and essential.
- Offer great career pathways in healthcare.



Any Questions?